

### ***Earth Day***

on this day of Reverence  
for our Mother Earth  
I walk the path  
of compassion and forgiveness  
with a crown of Light  
upon my head  
and within my heart  
as I climb the steep mountain  
slowly up Montsegur  
pausing often  
sharing my gifts  
of Love and Light  
with all of Nature  
individually  
and with a group  
of like-hearted others  
we make a connection  
setting our intentions  
for raising vibrations  
on this planet  
and throughout the Cosmos,  
healing persecution  
and separation  
we are the living keys  
of transformation  
and transmutation  
let us walk in our power  
awakened and mindful  
with an integrated mind

Kathy Keegan ~ 4/22/2017

A couple more verses I've written on this journey....

***The Winds***

strong, cleansing winds  
feminine power  
Nature's harmony  
restoring balance  
to a world off-key  
bringing atunement  
from across the sea  
to you and to me

Kathy Keegan ~ 4/25/2017

This verse I wrote after experiencing the Normandy Beaches and the American Cemetery in that area

***Beaches***

I have walked and stood  
on the same beaches  
that were once bloodied  
in gruesome warfare,  
these decades later  
I have dipped my hands  
into the waters  
of that yet great sea  
with it's churning waves  
that reminds us all  
of Life's ebb and flow  
and the parts we play,  
are we destroyers  
or do we uplift  
as we walk our path,  
each action gives choice;  
what are mine this day?

Kathy Keegan ~ 5/5/2017