

The 10th Dimension – Relativity Part I: From Identity to Relationships

Class 4 – Launch Pad to Galactic Council & Earth Update

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OPENING COMMENTS

JONETTE: Hi, everybody! Happy July 10th! Last time (two weeks ago) *Ecstasy of Creation* and *Your Mystical Body*—at the end of that one, our bodies felt much more galactic; and I think I made the comment that this is a shapeshifter's body—that we're not grounded at all in ways we know. We're more porous and the galaxies move through us. We're really knowing ourselves as galactic. As we do, we're expected to be more aware of galactic impulses which means, ah, I need to sit down to meditate. I don't know why but I need to—or that dream that's weird was probably real. We need to lift to a higher level of awareness because awareness comes first and then responsibility. Responsibility isn't heavy. It's just meaning we're aware enough to respond. Notice that you're more responsive to things you don't understand; hopefully, less reactive to the things that have held all our patterns because we're so busy being reactive, we're hardly ever responsive. So I'm using those words. **Reactive is more of an emotional thing. Somebody cuts you off, you're mad. Responsive is I'm aware of an impulse.** What is my measured response? What do I do? How do I hold myself? How do I hold this space? We will ask Mark if he'll take questions today. That's usually a cue for me that he's going to make the first half really, really big so that he doesn't need to do two. Let's just see. As we move into whatever spaces preparing for us, be both expansive and grounded. Just see what that means for you.

MARK – LAUNCH PAD TO GALACTIC COUNCIL

Welcome, Galactitians! This is Mark.

This preparatory state is much like the quantum space. It's ready. It's full of potential, full of awareness with no objects.

Allow your cells to be part of your five senses so your cells are taking this in. Notice that even as you focus on your cells taking it in, you lose your cells. You lose the sense of cohesive identity because you become more galactically aware.

This space that you're beginning to create (we've had so many spaces)—this one is your launch pad. It's quantum. It's grounded. It's expanded. As your launch pad, it has a sound—a hum, a tone, maybe an Om in a special way—so find that identifying sound. It will be like your password. It may be several syllables almost like a mantra. Use this identifying tone or mantra whenever you need or feel drawn to be at your launch pad.

You are placid yet expectant so imagine in this launch pad in this space (and we'll use it again and again) it's as if something's getting wound up tighter and tighter until it springs forward and propels you into the universe. Be in this phase in this launch pad space where the tension is building. You're still calm and placid. You're still expanded. When you are ready, when it feels that now is the time to release the tension, allow it to propel you, push you through the universes.

It may feel like traveling but it may not because you're quantum. We're asking to go to a meeting of the Galactic Council. There are many Galactic Councils. There are many subcommittees, and you are known. **You are part of a Galactic Council or Subcommittee; and from this launching pad, you are launching yourself to those beloved galactic brothers and sisters.**

You are called to be where you land because this is a critical time. Your awareness is needed. Your awareness is needed to be opened even more. So using your best intuition/imagination, be with these beloved Galactic Council members who know you, who you have served with for many kinds of incarnations. **Our goal in this particular galactic meeting is to open up your awareness specific to your mission or your greater galactic abilities.**

Using your imagination, ask questions, pay attention, create pictures if that helps you. It's all quite subtle. It might be quite subtle.

It's all right if you don't see so much. Feel the community, the recognition, the awareness, the reconnection at a very high level.

As you connect or remember this galactic committee or council that you are a part of, you may notice that you become fractals, and that your beingness is spread throughout the universe in response to your mission or your special skills. We don't want mission always to seem like a goal to be accomplished. **A mission is the flowering of what your special skills are. It's more important that it is an expression of you than an accomplishment of an objective.**

What most of you may be finding is you're no longer singular. You're fractalized. You're duplicated.

There is an increased awareness of you as multiplied; and therefore, your access to life force has multiplied. Normally, you feel just as much life force as you can feel as an individual. Now, as you're more fractal, you are more spread holographically throughout the universe. You feel the life force immensely but it's still personal life force. It's your life expression.

You're beginning to be aware of a whole new concept of self, a much more distributed self; and because this is the 10th dimension, *Relativity*, one that's related in many more ways on many more levels.

You are related. You are loved. You are cherished. You are supported in all these relationships of which you were unaware. Now these relationships, **these Galactic Council relationships are coming alive bringing that life force, that expression of you into awareness.**

Your awareness blossoms. As an individual, you usually had to prune down your awareness and see only a few things, be aware of only the small things. But in this state of galactic presence, your awareness expands and expands and expands. It needs no narrowing.

Don't worry that you're not aware of things. We want awareness to be without object or subject right now—a sense a vast knowing.

Really feel this blossoming effect as if lotus petals are opening everywhere, opening dimensions, opening possibilities—endless blossoming of you.

We'll spend a few more minutes keeping this expanded—not narrowing it to anything, not being aware of anything, just aware of awareness growing and your presence expanding.

In your old human pattern when you set your awareness somewhere, you kept your presence close to your heart. It was only this tentacle that you called your awareness. Now **we would like you to feel that your awareness is your presence; and as your awareness is exploded and blossomed, your presence in the galaxy, in the universe is exploding and blossoming.**

First your awareness and your presence brings the ability to create, uncreate, recreate. So now, you are aware and present of yourselves as galactic beloved beings. In that presence you create changes or not. Your presence itself holds a space for expanded awareness and expanded presence. You don't even have to decide what you want to change into something. **Your presence is the highest level of creation. It chooses what to create without your small mind deciding you need to create this or should create that.** Your presence is creator. Your presence is God.

Once again be aware of the life force that you are present with, that you are. In this state of being you can sense there is no limitation. There is only ever-blossoming abundance of awareness, of presence, of YOU.

Where your presence goes, there is healing. Where your presence goes, there is love. Where your presence is, there is connection. Your presence does nothing but be present; and in that presence, the highest and best always manifests.

This Galactic Subcommittee or Council that you are part of has a presence that is similar to yours. So there is support here. Now that you've expanded, if there is any information, symbols, awarenesses that your council wishes to download to you, you are open to it now.

Again, the specifics don't matter. We're just saying if there is something you need to know if you're not getting it, it's fine because it's in the presence of who you are. This is certainly not the place to have doubts.

You feel so beautiful, you amazing Galacticians! You are galactic statesmen and stateswomen, galactic beings. Now, dear ones, there is a mission to do together in this expanded, aware state. It doesn't require specificity but it does require awareness. We imagine that from this moment in time we can travel through an infinite number of timelines of humanity's future and humanity's past but that gets a little confusing so you might just imagine it as humanity's future. There is all possibility. There are all timelines going from this moment. As we hold this infinite galactic space, we may go into some parts of these timelines that seem more dark, more less light filled, perhaps more entangled. Just **use your imagination and wherever there are timelines that aren't brilliant and opening and blossoming but perhaps they're dark, entangled (you need not know any stories) put your presence, your awareness and your beautiful, beloved, galactic committee to clear and open human timelines (again, they could be past or future) creating more life force, more possibilities, and more expansion.**

All of it's expansive, blossoming. It's just putting your presence wherever there is not much presence, and that presence opens up what might have been there. You do nothing but bring your awareness. Presence is your greatest gift. Awareness and then bring presence.

Notice that after these timeline shifts or these entanglements open up that there is even more light released, more energy, more presence, more awareness, more love, and more opportunity for relativity. Whenever something opens up, it opens up more love and that love looks for other places to open up.

Beautifully created! Even while all of this is blossoming, all of these timelines opening up being brighter, more open, more loving, you can still feel beneath it all that launch pad space, that space that launches you into your galactic awareness. So find that again. Perhaps that mantra or tone comes back to you.

Once again, recognizing even more the feeling, the sense of this launch pad space. It's full. It's anticipatory. You are present. More than awareness, it's beingness. You sense the intimacy of your Galactic Committee or Galactic Council. You sense the friendships. You may not see beings but you feel loved, included, belonging, ancient ties—ancient, beloved ones.

Notice how accessing this space might make you feel that you can imagine in the future—you see something on TV you don't agree with, you just find this launch pad space, and you put your presence untangling whatever is there without your judgment but with your awareness and your presence bringing

only the highest and best—not what your ego would say but the presence of God that you hold and you share.

There are so many hearts that suffer, so many places that the presence of God can heal. You are that.

All right, being in this space, we invite you to stand up and move a little bit with your eyes open, staying in this space but now introducing some movement.

Feel that the movement also becomes like the mantra but the movement will have perhaps its own tone to it. This will also help you find that launch pad so it's not just an inner space. You can also enter it through some physical swaying or movement that begins to create itself with you. Maybe you feel that tone or mantra in conjunction with the movement so these both move you to that launch pad space.

In all this is a quietness, an omnipresent quietness. You might call it the eye of God. It's the eye of movement. It's the eye of God (e-y-e). It's the "I" of God (capital I). It's a sacred stillness even in the moving.

When you're ready, come back to seated or not keeping that entire experience in your awareness. **Our intention in this was to connect you to the relativity of galactic presence including galactic beings that have always been present in you, with you.** This Subcommittee or Galactic Council will be more present with you, and you don't have to see them as beings or them any more than they see you as an individual but you might sense a lovely extended family, a sense of beloved reunion, support and also a sense of endless life flow. So if for some moment, you can't find your life force—that it's there with this galactic community that is yours—they always have your back. There is always life flow there. Each of you has a different subcommittee on the council that's fine tuned to you and the blossoming that is you throughout time.

Can you feel that your chest is more open? A sense of assuredness—not certainty that you know anything specific but you're assured, you're confident.

Whenever you feel yourself stuck or your world stuck (sometimes those are the same), move to that launch pad (and after awhile, it will be there always ready) and move to that space of interconnectedness, of awareness and presence blossoming, exploding lotuses everywhere and bring your presence to anything that seems entangled or dark or less than light without needing the story, without needing to know what it was and what it will be. Simply bring presence to anything that is less than God. We say your presence but it's presence with a capital "I". It's the big you. It's the all YOU presence lest your ego get too self important.

MARK – QUESTIONS & COMMENTS

MARK: All right, we will entertain questions or/and comments and expressions of your experience. We hope you understand that presence doesn't spend much time determining what it's doing. Its presence is its mission, and it helps you understand the Godness of the quality of your presence because you can imagine God doesn't worry about doing but is the presence of God. **If you can think of aware presence, that kind of consciousness is God Consciousness.** It's not actually divisible by anything. It's undivided. All right, we will be entertaining with your questions.

COMMENT 1 (Julie S.): This is Julie. I don't have so much a question right now. That would require too much concentration, and I don't want to be right there but I definitely felt—the word used was fractal—felt like my presence was many places once I got that cue. My launch pad was in a spiral, and this spiral was lit, and it says, "If I could see Vinyasa as I focused on a certain level of the spiral." Then I let go of that and went to infinity and beyond. That was pretty cool. How beautiful to go into that galactic presence of the

council where I felt everyone and then to be able to understand about going in presence and awareness to where the light was not and the word untangled allowed me to comprehend more of what that was in that things felt like they were unweaving old things and making way for new light. So not a question so much but an appreciation for that trip on awareness and presence. I feel I could get there again.

MARK: Beautiful! Presence is always expansive and when there is an entanglement, it's like the chains in your jewelry box that get all tight, and you need to give them space to find their beauty once again.

Presence always expands so anywhere your awareness goes (but it can't just be projected awareness—I'm here but I'm aware of that), **your presence goes**. That presence expands. You said it beautifully.

QUESTION 2 (Kate): This is Kate. I definitely understand and feel that sense of presence as just expanding the entanglements that are there. I'm curious if, you know, we go about life and we hit certain triggers that contract us, and in the past I've looked into some of the wrong thinking perhaps behind...

MARK: The causes of the contraction.

KATE: Exactly. The causes of it so when we do this, does it take care of it or does there have to be some kind of personal awareness of whatever cause or issue or so forth that triggered it in the first place that we were missing when it triggered?

MARK: So, the answer is when your presence goes to those moments and untangles it, it doesn't have to reference a cause. However, if in that expansion and that entanglement and that enlightenment of the feeling or situation, a cause needs to be communicated to you in your healing, it will be. The requirement for the cause to be understood for the healing is not true but if the cause comes and shows itself to you, then it's a result of the healing. **Knowing the cause doesn't cause the healing but it is a result of the disentanglement of the presence.**

KATE: Wonderful! So we can be assured that it works. It's not going to keep repeating itself because it comes out as, you know, whatever comes out in that moment of expanding the presence. Okay. Wonderful!

MARK: And if it repeats, you simply expand the presence because it isn't exactly the same repetition. It's some other level of repetition that now needs expanded. It keeps you from feeling that you keep failing every time you hit something that has a similar cause, and you go, "Oh, I'm 45 years old, and I still have that trigger." This helps you realize that what begins to show itself is more and more entanglements in your life and then in the galaxy for you to bring your presence. There will always be entanglements. They're not caused by any failure. They've just been waiting for your presence.

COMMENT 3 (Anne): This is Anne. The space to me felt very comfortable and familiar. Toward the end before we stood up, I got really hot. I don't know if anybody else did but I got really hot.

MARK: Anne, one of the reasons it's familiar is in your dreamtime, you are often with your Galactic Subcommittee. They hate the word subcommittee but they didn't want to use a word where you think, oh, my goodness, this is the Galactic Council. Who am I? Obviously, there is not a single council. There are subcommittees. There are ones who blossom like the lily or others that blossom like a lotus or the rose or the orange blossom. Everything is different.

COMMENT 4 (Joe): Hi, Mark. This is Joe. Today has been a day of being versus doing. Pat and I returned last night after a week in the mountains. Whenever we come back home, I'm sort of slammed with all the unfinished projects. I sat down this morning, and I made myself a list, and that feels better immediately once I get the list down. But I went back and talked to Pat. She was still in bed, and we talked for quite awhile about the perfection in unfinished projects, the perfection in challenges, and the perfection in life in general. I'm probably going to get this wrong but what came to her was "as you do, remember to be." I rolled that around a whole bunch, and it was really good. As we were doing this meditation, I was tempted to ask questions of purpose and mission—those are rat holes for me. I'm a doer, and my personality is to

do. So as we were in the early part of this, I resisted; and I said, okay, I'm not going to ask, I'm not going to worry about whether I'm doing the right things or not, and I'm just going to be. I'm going to focus this whole meditation on being and then we kind of got there. It was incredibly powerful and helpful connecting with the Galactic Brotherhood and knowing the help is there and to have some sense that it's perfect. It's all perfect. If we're here, it's perfect. If we're here, we're doing our mission. The more we can be and the more we can be present with that, the more we accomplish what we're here to accomplish, I think. Standing up was so weird and it felt so good. It was really, really powerful to move in that space. I don't know how many others, you know, I felt dizzy, I felt off balance and then I felt perfectly balanced. Moving was lovely. It kind of brought life to the space for me. So, great! Two thumbs up! I don't really have a question.

MARK: We love the idea of remembering to be in your doing.

COMMENT 5 (Alisa): Hi, Mark. This is Alisa. The experience for me was not overwhelming but very much encased in love in my heart. I realized my heart is where it's grounded. When you have to ground, it's in my heart. When we got to the space of being the presence, I had this overwhelming—I mean tears just came. It was this overwhelming feeling and sensation of knowing I Am, of knowing I Am the presence, of really feeling it and understanding I'm God; and God seems such a limited word for the feeling and the sense. The timeline piece with the light, it was just shooting out lots of light and lines everywhere, and I could see them coming together and forming DNA, and then coming out apart but it was everywhere all around me. It wasn't just one space. It was everywhere. As the downloads came, it was the fractals. Not only was I downloaded, all of my fractals were downloaded. There were geometries—the flower of life and cubes. It was just phenomenal, just phenomenal. I could try again now. Just the sense, the feeling was just so beautiful.

MARK: Namaste. **We talked in the past about the concept of the fall, and the greatest prison that has imprisoned modern religions is the belief in the externalized God.** That belief is fundamentally the root of evil because God, when it's rooted in yourself, there can be no evil. So, in everything in your presence remember be, radiate. There is no externalized God. God is the presence in every infinite minute piece of the universe. When your awareness takes on the role that you have given and externalized God, you will begin to manifest presence and manifest creation—uncreate, create and recreate—but you first must accept the role, and it's not a partial role. You cannot be God only sometimes. You have to realize that God is the perfection of all the messiness too.

Play with projecting your presence on situations, on thoughts, on the past, on other people's lives because presence isn't singular. It's not your ego. It's presence. So you can put your presence—if you have a relative who's suffering, put your presence around them. It's not you changing them. It's presence and presence is not delineated. Presence is the present. Beautifully said! Use presence. **This launch pad will be helpful for you to reconnect with the galactic part of you. The more you reconnect, the more you'll be in tune with it.** Right now, you're disconnected so you're not in tune, and then that attunement will just be natural. So, maybe several times a day, maybe with your movement or with that mantra or tone that came. Ah! Maybe you don't even know it. You're driving and all of a sudden, you realize that the launch pad has moved into you; and then simply ask, "Where is my presence needed?" Or even needed is too small a word. Where is my presence? **You're going to be more attuned with your Godness all the time until there's not a separation.** You're not doing God things or doing your individual human things. You just are that I Am.

QUESTION 6 (Jarla): This is Jarla. A few weeks ago you said our Mark Group goal for saving humanity and those of our cosmic, non-physical colleagues is to lift your consciousness to a point of magnetic love that is not emotional, that's able to interconnect and create a new field of magnetic love that turns old paradigms inside out so that there is a flash point. My question—I like all that lifting and going to the flashpoint and so on—my question is around the word save. It's so huge and to be saved from or to be saved to; and I do grasp that we are always moving, and I don't recall ever hearing you use the words save or saving humanity.

MARK: It is a loaded word and we don't actually believe in saving. It would be remembering but we want to make a point that there can be a choice to not remember. **You all who remember presence, you all who know there is a bigger picture, are catalyzed into your presence because of the apparent need for you to be awake.** We say the apparent need because you are awake. This world is perfect. However, most humans have come to a spiritual evolutionary dead end, and what catalyzes humans out of your dead end is something bigger than yourself to be aligned with. So we used save as a loaded word to help catalyze that part of you that's in you and has never left but has been maddeningly dormant. So perhaps we answered your question, perhaps we made it less clear.

JARLA: Yes, I've always wondered around the word saved what I'm being saved from. So to be saved from being dormant and doing nothing is good.

MARK: Yes, or to save from yourself to yourself.

JARLA: Okay, from and to. Great!

MARK: Because it's usually saved from our small self to our Great Self.

COMMENT 7 (Barbara): This is Barbara. Saving seems like a doing to me and presence—it's not an activity. It's a beingness.

MARK: That is fundamentally the most important thing.

COMMENT 8 (Julie/Internet): Asar from Switzerland says I'm getting such a sense of relaxation not just the presence is what is needed.

MARK: Beautiful! You will have so much fun with presence because it's who you always have been but weren't using it more fully. So play with it, visit it, send it everywhere, untangle anything until you learn more and practice, and then your presence is simply present, and you don't have to entangle anything. The anything is entangled because you're present. That's what awakening is. It's not so much awaken to something. It's awakened to the fact that there was no sleep. Other questions or insights or jokes?

COMMENT 9 (Karin): *A Course in Miracles* speaks to separation and it's interesting. I mean it's a beginner's program and how they had to keep referring it wasn't as much you are God. It was you are a child of God and look at how far we've come since then. That's all.

MARK: It has laid beautiful foundations of understanding for so many, and you are laying beautiful foundations of understanding for so many. You do not have the answers. This is not the end of the road. This is just the next chapter in this spiral of evolution; but there is more fun now because when there is more space, there is less criticism, less judgment, more joy, less room for doubt, less room for self doubt, so everything is simply an expression of what's the joy in the moment now. If you can live that way in an unselfish, joyful way—joy has had a bad name because it's been labeled as selfish—but if you can live in this place of a radiant, unselfish joy, humanity is—we wouldn't use the word save this time, we would say unleashed, and you won't care because you are unleashed. More comments or questions?

QUESTION 10 (Alisa): This is Alisa. I've been reading through different articles where they're talking about in August when we have the big Solar Eclipse that we are actually going to have a timeline shift to a higher timeline for the world. What can you say about that?

MARK: August is certainly a time of major shifts—August and September and the last few days in July. This timeline work that you're doing is important for the (let's see how to say that)—there are times when the bonds of the old are weakened; and if those times can be fed with much more light and joy and love, those bonds that are weakened can recreate into a whole new possibility that wasn't there. In the last few days of July, all of August up until the equinox in September—this is a time when we can see the bonds of

what is and has been are loose. This is a time where we are called to love, love, love because there are still those who fear the power of love and would like to use loose bonds to reconstrict them in an even more oppressive form. That's why these times have a special significance to your Galactic Councils. Just because you're awake, the bonds aren't loose. We don't see that it's an issue but that it becomes less wonderful than it's been. But we do see it's not a given because there is free will. Notice how your bonds are loosening up, that things that you always did by habit, thoughts that you always reacted to, they're just not there. Notice how your family reacts or your friends. Bonds are loosening. That which was certain isn't so certain now. These are powerful times. Then the Sun Eclipse brings two things. It brings shadow to the light but the shadow brings attention to the light. The Sun is shining every day. You pay no attention to it but when it is eclipsed, there you are. The shadow brings attention to the light so that is a metaphor for what is happening. There is shadow, there is light, and there is something new that can be formed in these times. Does that make sense, dear ones? Can you feel it in your truth? Thank you for asking.

COMMENT 11 (Larry): You're going to make me talk after all. This is Larry.

MARK: You have free will.

LARRY: Well, here it goes. We've been talking about all these shifts and all these changes and all these new projections. Where are we going?

MARK: The best way to say it is those who unloose from old bounds will be greater versions of themselves. There is more freedom. There is more independence. There is more flowering of what your expression is. Oftentimes you say where are we going and you want a political answer rather than a galactical answer. The most important is that **those who see the opportunity become bigger versions of themselves—more present, more able, more enabled, more enabling, more filled with fractal life force and interconnected with the galaxy.** How that shows up on Earth, we don't know. It won't show up immediately. August 22nd won't look that different than August 21st but the feelings are opening.

COMMENT 12 (Larry): This is Larry again. One of the things that I've really noticed especially the last year is the ability to release anything to do with jealousy, hate, old memories of things that you held onto and this ability just to—maybe the word is be—but to be in a place of pure love and the ability to shift our own presence to a place where we want good for everyone. It's quite different.

MARK: Non-selfish joy wants non-selfish joy everywhere. You said something important that we would like to underscore and that is releasing things, letting go. **Purging is number one in being present** as you know this. Presence is expansive. It's light. Purging is—**if you try to carry all the things that you've carried forever into presence, presence won't take off on that launch pad.** Some people purge before they launch and others the launch causes them to purge no matter what. The things you've carried around that don't support your higher version of you gets left behind. The more you fight it, the more unpleasant the evolution is. **Please don't judge the speed of other's awakening.** You really are all one—just different expressions of it.

This is a grand summer. Jonette knows nothing about astrology but she sees that there are many signs and symbols in those stars along with this eclipse of major gateways. You look up at the stars for how everything aligns and you see symbols and constellations. Your Earth's lei lines have similar constellations, and **there are changes happening in the constellations of the lei lines of the Earth. You'll be called to different places. Again, you don't have to physically go.** You send your presence wherever there are entanglements or lei lines that need to be changed or the energy of lei lines that have been hijacked because those lei lines can be hijacked. If you reorganize the constellations out from under the control mechanisms, as above, so below. Realize that all that you see in the stars is also present in Mother Earth in different ways—not exactly—you don't see the Big Dipper on Mother Earth but just know that there are energy lei lines changing, opening so she is going through major shifts now too. They're all for good because everything must shift.

COMMENT 13 (Julie/Internet): Andieas from Switzerland says I felt myself without a body like a dancing and whirling double-vajra and meeting different individuals from Earth in different councils. Huge joy in that! There was an ease dancing into the stuck and darker timelines. My joy is also connected to a big sense of confirmation of what I felt and Mark and all of us have expressed in this meditation.

MARK: It's so beautiful the idea of dancing these places away—the movement, dancing. Absolutely dance our life.

QUESTION 14 (Julie/Internet): Juha from Finland says this was a great experience to meet the Galactic Council or Galactic Subcouncils, this expansion of life force. Also great synchronicity because I just read about how our Earth takes guidance from Central Sun Sirius mainly through our Solar System's Central Council or Sun Center. So maybe this was the Subcouncil?

MARK: Maybe the Subcouncil that you are part of. Yes, indeed. All right, we will use the break to think of something else to do in the second part. Now it is time for a break. Blessings!

GROUP COMMENTS

JONETTE: Before we start, are there topics that you would love him to talk about? I mean that was a great one about what's happening, the eclipses, that was wonderful because he doesn't always know what we want to hear but he's happy to answer when we ask. So is there anything else that would help your spiritual growth if you had it answered? I want to go back to what Joe said earlier in that meditation where Mark kind of gave us an out that if the council wanted to give us some details or mission, that's mostly a bone he throws to the ego because we know that Mark mostly cares about this changing our beingness because that changes everything else. But sometimes our ego won't let us go further on a meditation unless we get its questions answered. Sometimes there is an insight that is right there for people. I hardly ever get specifics and I don't really look for them but if someone needed them, then they could get them. Okay, let's see.

QUESTION 1 (Larry): Jonette, I'd like to ask a question before you start.

JONETTE: Oh, no! A question for me?

LARRY: No, to ask Mark maybe. This is such a funny political time.

JONETTE: Oh, wait. Let me call him in then. He wants to tell me he's got a better word—Galactarians—because he didn't really want to sound like politicians. I'll see if there's anything else he wants to edit. He just laughs.

MARK – EARTH UPDATE

Welcome, Galactarians. We are ready for your political question.

QUESTION 1 (Larry): It may have changed now. This is Larry. My question is about what the heck is going on in our world with the relationships of these people in power and especially what's happening in the United States? We know that there's been meddling in what's happening with elections all over our country, and where does this go, and why now? I can see that it's changing the front of especially younger people in their nonacceptance of what was once a very strong political system.

MARK: Well, there has been meddling in elections from the time the chief of a tribe had to nominate someone that wasn't his son so that is not new. What is so is the false mask of 'it's all okay' is being shown

for what it is—the false mask of ‘it’s all okay’. The first things that crumble are anything that’s based on selfish joy rather than non-selfish joy. So greed, power is all selfish joy.

The child had to see that the Emperor had no clothes, and that starts the conversation. The ‘clothes’ aren’t just on your president. The empire has no clothes. What’s funny about that is the empire thinks it’s robed in gold. **Falsity is being unmasked everywhere. That will make people unhappy with the status quo.** It will make young people not trust the system but step number one is the purging of what doesn’t work. At first the recognition of what doesn’t work and then the willingness to purge it even if what comes after the purging is unknown. That’s a hard one. Mostly there is no purging unless there is a second emperor with no clothes to take the scepter.

It’s mirrored in you, in all of you, by being relentlessly dedicated to removing masks of falsity or anything anchored in selfishness. When you see corruption outside, always say, “Where am I not true?” It may not be that you’re untrue to someone else. The biggest person you may be untrue to is you.

These are fabulous times because the foundations have termites, and you see it. Keep being present, untangling things without an idea of what you’re untangling and what you are recreating it to—being present with the highest possible love and joy everywhere. Send your presence everywhere so your presence is so present that it doesn’t even need your permission to be present everywhere.

Don’t get caught up in the stories because they’re just more layers of falsity. Go back to Mother Earth, the cycles of the Sun, the cycles of the Moon, and the cycles of the lambs being born in the spring. So that’s a long answer to what the heck is happening. We’re happy for other questions in that discussion.

QUESTION 2 (Larry): Why now?

MARK: The immensity of the communication network made now the first time that falsity can be really unmasked and not just hidden under some other shell. Why now is mostly the interconnection of communication and people not getting all their news from the places they used to get all of their news from. It couldn’t have happened before. All of this that you see has always happened before. It’s just you’re questioning it, and humans are more empowered than they have been.

QUESTION 3 (Julie/Internet): Asar from Switzerland asks we are installing Nature Healing Stations across the countries. Those are based on Reich’s Cloudbusters but further developed. What effects do they have on the climate and on Gaia?

MARK: Say the name of them again.

JULIE: Nature Healing Stations based on Reich’s Cloudbusters.

MARK: There is something that is still a little off with the stations—something energetically that’s not quite where it needs to be. When that is found and fixed, then there will be a real interconnection with those stations. Right now, the connection isn’t as whole as it should be and can be.

Let us talk about Mother Earth. There will be some fracturing of Mother Earth’s crust. Again, you can move your energy, your presence to any timeline that contains fracturing where there are many humans and begin opening the energy field for it so that Mother Earth can fracture in ways that are perhaps smaller or in ways that are less frightening or harmful for humans but there are some major fracturing that needs to happen—and we do see a tidal wave.

Humans must think even more in harmony with Mother Earth. Humans still think of themselves as miners of Mother Earth’s riches; and that viewpoint is not a sustainable or harmonized viewpoint. It’s the viewpoint with which we do things, the presence from which we act that causes difficulty. It’s important that human’s intentions are in sustainable harmony with Mother Earth. When they are, Mother Earth—She

is the great creator. She can create. She can sustain. She can feed and clothe humanity but not when the relationship between humans and Mother Earth is one of dominion.

You have your hearts open. You can send rain clouds to the places that are parched. You just do it with your presence. You can send rainclouds to places that are on fire. You can send your presence in places where you don't even know harm is happening and places where they're suffering. **Act in harmony and sustainability**—those two words. **If everything you do is with the intention of harmony and sustainability, then the balance between humanity and Mother Earth will find its new course.** It will find its way. Mother Earth is self balancing. She knows how to do it. Humans are not self balancing so you must learn from her.

We're going to take Jonette further because we want her to talk about something that she doesn't understand. One moment or two.

What happens on the Earth in this Solar System is monitored by Galactic Councils that have always been involved with the Earth. There are a series of agreements that are called into place when humanity triggers an event that could be detrimental to the Solar System and the Galaxy. These are called the Sirian Protocols, and they have been in place on Mother Earth from the beginning of humanoid inhabitation of this planet. **The Sirian Protocols state that if humanity's violence causes disruption to life and the atmosphere, that humanity and this human Earth experience will be encapsulated in a time capsule so that it does not have repercussions beyond itself.**

The Sirian Protocol is a last-ditch, protective measure for the galaxy. If it was ever triggered, it would mean the end of this evolutionary cycle for humans. **Many of you are connected to Sirius because you are placed on Earth to bring light and hope and change so that the Sirian Protocol never needs to be implemented.** The Sirian Protocol was put into place because free will was put into place. You are all especially guided to bring higher dimensional light to Earth before Earth's weapons and technology become uncontrollable.

You may not know your mission but your mission is your presence here at these times when technology and its destructive power—well, one, that it's been created at all is an affront to creation and at odds with the hopes of the human experiment. Mass destruction or anything whose purpose is murder is at odds with the Galactic Plan. The galaxy will go on. We do not say this as doomsday but for you to see that everything has been considered, and there are failsafe programs in place for even the most unthinkable.

You are all well guided; and as Galactarians, you are so supported in your preeminent love of humanity. That is our news report for today. Thank you.

JONETTE: Well, I have no idea why he felt he needed to say that now. There is a lot of energy and there is tremendous money taken from, you know, health care and education and everything put into weapons—and not just here. You think of poor North Korea. There, people are starving but they have weapons. We've become so far out of balance, and it's out of balance with the nature revolution. So we're watched over but what I saw is if there is a timeline where we do something stupid, we're just taken out of circulation from the time/space continuum, and we're just kind of parked over on this dead end. Obviously, our spirit is infinite so our spirit evolves but what this is doesn't. I guess he just wants us to know the possibility—the big picture; but also, it's everything is cared for, and we're here now. You asked why now, and he answered more about the masks but the **why now is because never before have we had such power in such an out-of-balance system.**

QUESTION 4 (Fred): This is Fred. While you were discussing the end of the world and all those other scary things, powers, I was getting huge hits on Hawaii. As Hawaii was coming in, I was thinking of Kahuna Kalei, and as Kahuna Kalei came in, I was picturing the Hula dancers. I was imagining and feeling the power of the ancient Hula holding this life force energy to protect Mother Earth. I was just thinking to myself we need to connect through Hula and other ancient dance whether it's the Massai, whether it's

Polynesian dance where they're barefoot connecting to Mother Earth, connecting to Pele and activating those ancient Gaia energies to protect Hawaii and the other areas that are being threatened by Kim Jong-un right now. I think Hawaii has already seen enough tragedy with Pearl Harbor, and I know it's in the crosshairs just like Alaska is but how tragic would it be if that place got nuked? Is there a way that we can evoke the ancient energies of ancient Hawaii to create a field of protection for Hawaii but also for the rest of the planet? Aho! Aloha!

JONETTE: I know in Cambodia the beautiful female dancers are dancing in the spirit. If you think of how Mark described if something's entangled, it's like it doesn't dance anymore. We bring light and space and it moves into its own expression so our bringing presence without fear—unselfish joy presence—and saying, oh, I'm present there, I'm present here, I'm a Sirian or I'm at least a friend of the Sirians, and I'm helping all this. So, beautiful! Beautiful!

COMMENT 5 (Barbara): I just wanted to mention that there may have been other times where the power that the people had was out of control when—I'm thinking of the Lemurians and the Atlanteans that disappeared and just everything—and I think there is great protection, and they are our family, our ancestors as in the second one when we called in all our relations.

JONETTE: And you're saying they are our family whether it's Kim Jong-un or anybody. They are our family.

BARBARA: And that we have protection. We have free will but there is protection as well for this beautiful jewel of a planet.

JONETTE: There is protection and we're part of it. Beautiful!

COMMENT 6 (Tryna): This is Tryna. Just a comment on what Fred said. Right now, I know the Northern Hemisphere is in the middle of the dance season—the Sun Dance, the Sun Ceremonies—and it's almost every week. It's constant there's a dance going on so if you just send your presence to whatever. The elders right now really are dancing for the Earth and for the balance because they're very much aware of the fact that we're at a time where there could be some extremely disruptive happenings in order for the Mother to balance—so if we aid that in our energies, and we just share that presence. I'll be going in August to the dance in Ohio, and I'll be dancing in one there. I'll be dancing in one there for four days but there is a constant circuit that's going on right now. There's a dance going on almost all of the time. We just had friends come back from the Dakotas with one. The dancers—there are so many of them that just travel from one to another. This is what their life is and they don't go by car. A lot of times they'll run. They'll run and they make their way to a place that they need to be but that is their life and that's their dedication. It's pretty cool! I think we could send our presence to wherever it's needed. Whether it be here or Europe or Africa or Mexico, there are indigenous people that are doing this all the time.

QUESTION 7 (Tryna): The other comment I had was I felt like, as he was talking about this Sirian thing, it was like we're being put in 'time out' if we didn't behave. So it's like what do we need to do to stay out of time out? Another question (I guess it would have been for Mark but I just wanted to share)—as he talked about the constellations in the sky, and he talked about the constellations in the Earth, I got a flash of the constellations in the body, and it's like what is reflecting in the body? We all know we have meridians. We know things get out of whack and the energies get out of whack too so it's kind of like what are all those constellations about? What do they hold?

JONETTE: You'll have to ask that again. He's gone.

TRYNA: Yeah, but it's like what is that about? I really saw the flash of the constellations in the body also, and it's all reflective. Everything is reflective.

JONETTE: I love the whole thing about the dancing because when we got to that launch pad and then we entered it or kind of anchored it by some movement, and he says that movement will get you there.

LARRY: Just a quick follow-up, Tryna, we're all thinking about the dance; and how can we support you at the dance or the dancers at that dance to move this energy in a more powerful way?

JONETTE: Will you be here before August 1 when you go? Okay, we'll just make sure to put our presence with those then because she told us it's continuous. We can do it now and put our presence with those dancers and they'll feel us. They'll go, "Wow!" You know, they were just joined by us.

TRYNA: What many of the dancers do, all the different tribes, is they take pledges. They take donations, and I'll carry those along with the prayers and put them in the center altar, whatever their situation is. The moneys go to the different indigenous people at the end; and the prayers and the people's names who send the donations or send the prayers, they're danced for. They're read aloud. The people's names are read aloud and so you become part of the dance, and then the moneys at the end, whatever is donated, goes to the elders and what they need. From the one that I dance and I know we collect and it gets dispersed out to a lot of different peoples, wherever the need is. So if anybody has a particular prayer and they want me to take their name and their pledge, I'm more than happy to carry it with me and put it in the middle of the dance.

JONETTE: Let us know when you're coming again, and we can put it on the letter so people can bring their checkbooks.

TRYNA: Mainly they use cash because it's much easier. A lot of times it's easier for them to share, to move it about that way. I can always cash it and take it with me before I go.

COMMENT 8 (Kate): I just had one thing that seems to want to be said which is this week I was doing one of the monthly meditations, and you often say if there's a symbol you need or something, and one of the symbols that had come to me in one of the meditations realized itself in tonight's gathering. It was a circle with an arrow pointing straight ahead from that central heart dot—it's not really a dot—and I realized that it's a piston sort of action of that arrow and the dot that's the action of awareness—putting your awareness, your presence in one place or another place or another place so for me I could feel this symbol sort of completing itself as we're talking about putting our presence in various places so it's like here until it's done. Here, until it's done. You feel that sense of complete. You've completely put your presence in whatever situation. I just wanted to share that because to me to have that visual in my field of awareness was really useful. I also found Hawaii pop in my awareness so that arrow was pistoning itself into Hawaii's entangled spots.

JONETTE: And put your presence everywhere, and then once your presence is there, you don't need to have your awareness there. The awareness brings the presence to it; and after awhile, the presence just is and you can have your awareness wherever.

Wow! Interesting things—launch pads and disentanglement, presence, dancing. The aboriginals do their dreamtime walk, and we're going to be meeting with a Maori—well, she's an elder and her people have been in New Zealand for more than 10,000 years (the Maoris are newcomers), and they talk about Lemuria. We're meeting her. She's coming to our small group. That'll be fun. I don't know how to say it—how do you say it? Waitaha. I mean they were not in anybody's history but their own. Finally, it's coming out that were these other people. I know it sounds like the Hopis that they would have the same stories and everything at the same time.

CLOSING

We're meeting next week. This weekend we're going to have the Keystone Dialogues. Mike Putnam is coming; and we go to my place in Keystone, and we just channel. So if you have any fascinating questions that might not have anything to do with what we've been talking about, send them to me or Julie and she will get them to me. We'll add them to our smorgasbord of questions we ask Mark. Then Mike will be here for next Monday. The weekend Mark Class in Colorado or live streamed will be August 12th and 13th at my house. If you can come, that's really where we're going to bring all of what I've been teaching and get ready for—well, it'll be the weekend before the eclipse. I'm sensing that it's really important for the eclipse that that's why we're doing it before. The eclipse is on a Monday, and I may not be back so we're going to have an Eclipse Mark Class on Tuesday. It'll be upstairs in the sanctuary, Tuesday after the eclipse which is August 22nd, so please invite your friends to come. It'll be kind of an out of the ordinary Mark evening.

Thank you all!