

The Center for Creative Consciousness Presents —

# The Secrets of Mount Shasta

## Spiritual Adventure and Retreat

with Jonette Crowley

June 16-23, 2019 — Summer Solstice

7 nights, 8 days



Mount Shasta in northern California—a magical place for the power of the solstice! Fabled for its gateways to Lemuria and to the underground city of Telos, a sacred initiation place of St. Germaine, inter-dimensional portals that are still active. All on this spectacular volcano, robed in verdant nature, festooned in trickling waterfalls and crystalline lakes. Join Jonette for a spectacular retreat.

This Spiritual Adventure and Retreat will take us to various sacred power places on and around the mountain. Jonette will conduct mini-seminars, ceremonies and activations throughout our stay there. On the summer solstice you will have time on the mountain for your own vision quest. These journeys with Jonette and each other are always remarkable—at so many levels.

Together with an international group of spiritually-minded travelers. A tour like no other. Led by ‘Spiritual Indiana Jones’, channel, and author Jonette Crowley. Jonette has been summonsed by her guides to bring an international group of journeyers to 3 power places over the next 3 years— Mount Shasta in 2019, Bali in 2020, and the Big Island of Hawaii in 2021. All magical. All volcanoes. All holding the power of fire and total transformation. Please check with your soul to see if you are meant to be part of this ‘Pacific Trilogy.’

Your magical future awaits! We welcome you!

# The Secrets of Mount Shasta

## Spiritual Adventure and Retreat

Itinerary is subject to change.

### Day 1, Sunday, 6/16, Arrival, Mt Shasta

Travel on your own to the charming little town of Mount Shasta in northern California. (Fly into San Francisco, drive 4.5 hours or take a detour to enjoy the giant redwoods on the way; Sacramento 3.5 hours; Medford 2 hours; Redding 1 hour. Rent a car or share a shuttle.) Check-in at the Mount Shasta Resort. Group Welcome Dinner 6:30. (D)



### Day 2, Monday, 6/17, Meet the Water



Buffet breakfast at the Resort, followed by an opening talk and meditation with Jonette. Afternoon with Jonette and our local guide Andrew.

**Headwaters** in the Mount Shasta City Park is the perfect spot to begin our magical time with a cleansing/healing ritual. We'll fill our bottles with the pure water that comes out of the glacier-fed spring, imbuing ourselves with the energy of the sacred mountain.

**Fairy Falls**, is a short but steep climb to a magical waterfall that's off the beaten track. Shaped like a womb, it is a place for rebirth and deep releasing of old energies.

**Castle Lake** is pristinely pure and incredibly beautiful. Swimming or meditating on its shores is deeply purifying. Group dinner in town. (B,L,D)

### Day 3, Tuesday, 6/18, Meet the Mountain

Breakfast on your own at the Resort. Depart 9:30 for our all day journey with Jonette and Andrew.

**Star of David**, located off a little-traveled woodsy road, here we'll do an activation for balance and integration.

**Serenity Portal**, is a place in the wood of deep peace. Here we'll meditate creating within ourselves a place of deep silence.

**Ascension Rock**, perhaps the most powerful spot on the mountain. Here there is a sense of eternal presence, as we absorb the beautiful view of Shasta's snow-covered summit.

Dinner on your own (L)



### Day 4, Wednesday, 6/19, Free Day

Breakfast on your own at the Resort. Use this day for a personal retreat, or enjoying mountain options such as rafting, hiking, hot springs, or exploring the town. All meals on your own today.

### Day 5, Thursday, 6/20, Meet Lemuria

Buffet breakfast at the Resort followed by a morning mini-seminar with Jonette. Afternoon: Journey with Jonette and Andrew.

**Fairy Ring** is a magical place where we'll commune with the Sidhe and nature spirits. Here you'll feel the strong energy field of joy and light, to be woven permanently into our being.

**Telos Portal.** In the center of a giant ring of trees, is the ideal place for us to connect with the Lemurian frequencies of pure love. It is said that Saint Germaine has an inner Masters Retreat at Mt. Shasta. Many have connected to the underground Lemurian city of Telos. At times its leader Adama has

been seen walking on the mountain. (B,L)

Adama by Glenda Green, courtesy of Aurelia Louise Jones



### Day 6, Friday, 6/21, Meet Yourself—Summer Solstice Vision Quest



Breakfast on your own at the Resort. Today on the Mountain is about cosmic connections as we take in the special power of the summer solstice.

**Vision Ring** on a ridge with a spectacular view of the summit is the perfect spot to receive a strong energy transmission from the Mountain. Here we'll do a special Solstice Ceremony / Initiation with Jonette.

**Vision Quest in Sand Flat.** We'll spread out on our own for a few

hours in this spacious area with many power spots and great views of the summit. Here we'll each seek our own personal power and messages for guiding our life.

**Integration Circle** at Vision Ring led by Jonette and Andrew. (B,L,D)



## Day 7, Saturday, 6/22, Meet Your Future

Group buffet breakfast at the Resort followed by a mini-seminar with Jonette.

Today we bring all we have discovered about ourself and our place in the Universe for our final communion with the Mountain.



**Anamar's Garden** is a majestic rock formation, which includes a cave which is a portal into the Inner Earth. Aurelia Jones, author of the *Telos* books, considered it to be such a magical spot that she named it for her twin flame.

**Closing ceremony** by Lake Siskiyou with Jonette.

Group Farewell Dinner at the Resort. (B,L,D)



## Day 8, Sunday, 6/23, Depart Mt. Shasta

Breakfast on your own. Depart from Mt. Shasta. Transportation to your chosen airport is on your own.

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Jonette Crowley is an international teacher, best-selling author and channel. She is known as the "Spiritual Indiana Jones." She has led spiritual adventure tours all over the world.

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