

The 10th Dimension – Relativity Part I: From Identity to Relationships

Class 5 – Sanctuary of You & You Are That and That...

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OPENING COMMENTS

JONETTE: This weekend Mike popped in from Lexington, Kentucky so we could do the annual Keystone Dialogues. People had written in questions and, of course, Mike studies all year to have the best brain busters for Mark. We channeled all yesterday afternoon and they're amazing. The first questions people had sent in so thank you. It's so intense and I talk really fast, and that's so that Mark can say things without me thinking. I talk much faster than I do here. I said I'd just do 45 minutes worth of questions, and then give me a break. I'm thinking there's a jazz festival, and we'll just walk over to the jazz festival for our break. All of a sudden, I go, "Something has come in. Someone is here." I said, "Get the recorder." So, Ashtatara, the Goddess from Atlantis dropped in, and she had a beautiful message; and I think the most important thing that I heard from both Mike and Mark is she wasn't as harsh as normal. She kind of comes in—physical Mark says with an attitude and that matches—I had kind of a meditation journey where I connected with Sekhmet or she just came into me and the Sekhmets were very different than I'd ever felt them. Usually they're warriors and kind of scary but they were different. They weren't Isis. They were more compassionate, more funny because I asked them (because one came into me) what's my involvement with you, Sekhmets? Their answer was, "Meeoow." So she surprised us. Mike, can you remember what she said because I'm so out. What did she say?

MIKE: I can't remember everything that she said because she talked over 20 minutes but the topic seemed to be about very advanced wisdom.

JONETTE: Wisdom, that's right. Thank you. She did a transmission of wisdom, and she said wisdom without subject or object, a space of wisdom. So that was very powerful. That's kind of a bonus track in the middle of the Keystone Dialogues. We forgot the jazz festival and went right back into the second part of the Keystone Dialogues, and it was about 50 minutes of amazing questions about, you know, Mike asked small ones like we'll start with the short one, "What's the nature of reality?" Then he got tougher from there and talked about illusion and what's the connection to consciousness and our awareness and subconscious so it was very meaty.

I'm so happy that we did that. Do you know how the universe, when something good happens, the universe gives you signs? I looked out the window. It started raining right when it ended, and I'm looking for a rainbow but what I see is a bald eagle fly down the valley in Keystone, and I've never seen a bald eagle there ever. Then, this morning, I'm making my bed so I can come back down here, and I see this huge brown thing move past my bedroom window. Now I'm in a ski condo, right. There are a lot of condos there. I'm not in the woods. It was a huge bull moose moving right within feet of my bedroom window. So I think the universe is happy with whatever Ashtatara brought, and whatever Mark was channeling. We'll get it out as soon as we can.

Last week, we were Galactarians, and we're still Galactarians. It's been coming more and more in the last week, I wrote about it in the newsletter about the big changes this summer that 2012 was a huge shift and actually Mark described what happened in 2012 and what's happening now in 2017. Some people call it the great shift of 2017. I'm going to paraphrase what Mark said because when I'm channeling, I'm not

paying that good of attention to the words but he said 2012 basically stopped a timeline where there would have been disaster on Earth, and it gave many possible realities; and 2017 is giving even more positive realities branching out from the realities that were born in 2012. We asked when the next shift is—2022 and someone said that (it must have been you, Mike) that other teachers and other religions and other prophecies talk about 2022. It's a good thing I don't read those things. That's five years from now and 2017 was five years from 2012.

What's important now—we asked a little bit more about the eclipse. The eclipse Mark described is so powerful because you have light and shadow together. He says it's actually the shadow that draws attention to the light because the Sun is up all day, and we don't look at it. We don't care. We don't drive across the country to see it. But when there is shadow there, light and shadow are aligned, and it causes what Mark calls a loosening of bonds like structures are looser. What we need to do, each of us, is really be grounded in our divinity, really grounded in our divinity so that the structures can be recreated when the bonds are loosened are based on divinity, based on the kind of light we carry. What that also means is when bonds are loosened, structures kind of are disorienting. So this may be a disorienting time. It was interesting that personally the physical Mark and I are going to see the eclipse in Wyoming. I wasn't asking instructions about the eclipse but he spoke. He said you must camp and sleep on the ground the night before, and we were going to come home that night. And he said sleep on the ground the night of the eclipse and go to Devils Tower in Wyoming after the eclipse. Devils Tower is this freaky, weird geologic structure that features in *Close Encounters of the Third Kind*—and our geologist says it's a remnant core of an ancient volcano. It's holy but not climbed by the Lakota. It's on Lakota land or near Lakota land. So we have our instructions which also make me realize these upcoming times are important. It's especially important that our tube torus, our light body is as solid as it can be, and as big as it can be, because then it touches into the matrix of all others who have well-developed light bodies and it also holds a buoyancy. All of us with fairly well-developed light bodies create a matrix, and it creates kind of an upward cushion for people who aren't as light so that they have a softer landing when things are changing. So it's exciting times, lots of new probabilities coming in; and, of course, we're going to make sure they're all the very possibly best and unimaginably good not just the best we can imagine. So, that's kind of my intro.

Mike, do you want to add anything else? You just said it was one of the best Keystone Dialogues ever and that's what you said last time so let's give you the microphone. For five years we've done these Keystone Dialogues, and we're so appreciative that Mike comes from Lexington to spend a weekend cooped up in Keystone.

MIKE: From my perspective, it was absolutely the best that we've had so far because everything is continuing to evolve and move along; and we're trying to deal with subject matters that everybody—related to Mark's activity—would have an identity with and would hopefully be helped with the nature of those discussions as well. It was great! Absolutely great! I would also say that Jonette came in and woke me up to see the moose, and it wasn't there. It was 6:30 in the morning.

JONETTE: I felt really bad. That moose moved pretty fast.

MIKE: So I totally trust that she actually saw the moose.

JONETTE: Smile in personal reality. Very good! In the Keystone Dialogues Mark answered the questions at many levels. Practical levels like what's a spiritual technology to make all this happen and as he always does, many higher levels. All right, let's see what Mark has for us tonight, Galactarians. It sounds like a very much needed new political party—the Galactarians.

Even as the Mark energy enters, notice there is a softness here, a softness in your being. It feels like we've created a sanctuary. Let yourself enter fully, surrender into this space of sanctuary, and then we'll see how Mark comes in.

MARK – SANCTUARY OF YOU

Greetings, Galactarians! This is Mark.

In the softness of this space, we invite you to begin to let down your guard. As you do, you become more full, and the layers of sanctuary become you. With each breath, sink more deeply into the sanctuary of you.

So many times we seek sanctuary outside ourselves looking for parental figures, looking for rules that keep us safe; but **now in the beauty of this space, find the holy sanctuary that is and has always been yours.** Notice how this sanctuary becomes you rather than a place you're inhabiting. You realize that your aura, your field is sanctuary, sacred space.

There is a vibration here that is purifying at a deep level that you cannot reach when your guard is up, when you are on guard; so the next few minutes, please sit in silence and become more and more familiar, more and more part of this sanctuary of you until it begins to remake you and change you. This should feel deeply delicious.

Any places in your awareness that are walled off or protected, let them move into sanctuary space.

As you stay here, **you might find yourself becoming more radiant because your guard is not there to keep your radiance in.** This sanctuary space gives you permission to be the light that you are so you might notice this phase of increasing soft radiance.

Feeling soft ease, feeling very comfortable here—it's familiar, not accessed very often but familiar. You've always been taught that a sanctuary is a place within walls. Feel that true sanctuary requires no walls.

Can you feel the soft light, almost feminine nature of sanctuary? It isn't a place apart from you. It is your energy, your being surrendering ever more deeply into this experience so that it is well seeded in your awareness.

Imagine what kind of creation gets created from sanctuary rather than fortress. Imagine a world created from deep personal sanctuary rather than defended walls and weaponry. It's a different world. Let us go into the creative aspect of a world of sanctuary and what's created from the light and the presence in each of us. You may not get details. It may just be a feeling of this space growing and evolving and creating more and more of these same feelings.

Imagine this world overtaking the world that we currently experience moving this lightness, sovereignty and sanctuary as a creative force.

Can you feel that what emanates from this space, from you and from all of you, is a creative force field that has no aggression in it? It's simply curious, expansive, and co-creative. This is the unguarded world.

Harshness gives way to softness, gives way to creation bubbling over. Soft joy. This whole space may feel like ever-building cumulus clouds. White and fluffy fractals. And in this space, we now pull in past timelines. Instead of projecting yourself to the past of humanity, to the history, you bring all of that history, all of those timelines, everything that's been guarded and fought for and fortified. You bring all of that energy into the space of sanctuary, and you watch it change. And don't get hung up on specifics, do it globally. You are Galactarians after all.

If that was easy, pull in all future timelines and potentials so that they are born from this space of sanctuary, a place that is unguarded, unneeding of guarding. Pull the future into this space as well, all futures.

As you do this, you probably find a sense of co-creation, a sense of relationship. It no longer feels like you're doing anything on your own. There's a field, a connection. This is one aspect of the 10th dimension, the dimension of relativity.

Now the space got a little busy because you're changing the past and you're changing all future timelines, so let that go and go back to how we started, entering your personal sanctuary, softly, completely. You might find that your experience is still soft, still beautiful but perhaps stronger.

What if many of humanity's ills could be solved by a sense of unguarded, unprotected, undefended sanctuary? It would be a world based on a very different paradigm than the world you have now. Identity and definition would become less important. Space and co-creation and commingling would become the way it is. Boundaries would be opened like one cumulus cloud moving into another creating another form. Imagine this reality.

There's no aggression, no need for safety, no need to withdraw. There's simply the curious cocreation of new relationships. Continue to lose yourself here, enjoying every moment of it.

Again we draw your attention to your radiance, how it's changed. It's brighter but perhaps less forceful.

Because so many of the pathways in your brain have been created in a defensive, fortress-filled world, we're going to sit here and ask your higher self and all the guides and angels to open up pathways that have rarely or never been used in your brain so that you can support this strong sense of being, this strong sense of presence, and you can know it. Know it.

Be aware of your mind, your brain right now, your head. Notice anything you notice. Impressions might be very subtle.

You are something else—the primal, beautiful, radiant you not hiding behind any walls—and somehow you're imagining a reality where everyone is this.

What begins to happen is the setup of your field, this field of peace. This field of sanctuary is such that it begins to (what we'll say) disarm your enemies. So, perhaps imagine some of the conflicts in your life, and just put them up on the screen right now. See if in the space you hold, they just disintegrate, and more than that, your enemies change. We'll use enemies—it's a rather strong word but you understand. We want you to focus on how you are changing interactions and relationships because of this space.

You begin to notice that the only reaction to this space that you hold and radiate is disarmament. There can be no aggressive reaction to this space because this space is at a higher dimension. Blessed are the peacemakers.

We're using the idea of relationship to change realities to begin to change us, our sense of our presence, and our sense of our relationships; and meanwhile, imagine an entire world that is based here. These openings in the next few months are creative openings, and they are for creating possibilities that couldn't be created or even imagined five years ago. Feel how beautiful you feel.

Now when we visit this space, the tricky part isn't getting here—you were all here within about 30 seconds—the tricky part is re-entry without having you go back into fortress mode. So begin to find your way back to your life, your body, but without clenching your teeth, without putting up those shields. See if you can stay in this space and enter your life. The tension of your body and your breathing will tell you how you're doing.

You are something else. Moving even more completely into this life without losing the sanctity, the space, the softness. We will move our presence out of the mix so keep coming back.

We thank you. This is Mark.

MARK – GROUP COMMENTS

JONETTE: So beautiful! Notice how different you feel but it's an active difference. It's not a lack of something else. It's a new active sense. The sanctuary space is very alive because it enables you to be alive and expressive without guards, without walls. As you come back, fill your body with this space so that your entire body down to your toenails is it, knows it.

As you come back more and more, take a look at the room—the consciousness of the room but even the consciousness of the collective—and notice that something shifted. Maybe when Mark talked about the eclipse loosening bonds, maybe we just loosened some bonds. Maybe it isn't the eclipse at all. It just is marking a time where old structures are loosening, and I think we did something here. I can feel it so physically—subtle but physical.

All right, softly come back—nothing jarring, nothing sudden—and so that I know you're alive. When you're ready, open your eyes. Just so I know. You don't have to do anything. What's impressive is how quickly we go from our busy life to get here; and we dropped into this space, and it was exquisite. It is exquisite. Wow!

Can you notice the healing properties of this space because so much illness is defensive, right? We've got our white blood cells defending us. We've got whatever and so I felt my body, especially my belly, kind of being more filled with light. Something was saying we don't have to hold on so tight.

Now I understand the changes we felt in Ashtatara and the changes I felt in the Sekhmets because they're guardians. They're tough cookies. So what if there is a world where we don't need that warrior energy anymore? They can finally morph into what they are which isn't protectors, isn't guardians. They're exquisite creators, all of these warrior sorts of beings, and the warrior sort of being in us. He really wanted us to play with what would that reality look like. Probably a lot like what we think Lemuria. Mark kind of left but if anyone has questions, he can kind of text me the answers or comments. I'd love to hear your impression of the space because it's still there. It's as strong as it was.

COMMENT 1 (Barbara P.): This is Barbara. The whole concept of sanctuary is very precious. It's very much not only within me, it is I Am That. As this sanctuary, it allows me to hold this space loving myself more in a really beautiful, light-filled way. In that, it invites others to experience that and that sanctuary within that we all have always had. We just have been too busy to notice and to be it.

JONETTE: Barbara, your words, the tone of your voice, is speaking sanctuary. You are seeded there, and it's so clear. I want to underline something you said. Do you see in this space there is no running out and saving the world? It's like I'm sanctuary space. You are, and it's more being a role model because there is no aggression. There is no judgment.

COMMENT 2 (Anne): I had one point where it was sort of like somebody flipped a switch, and I was just totally floating. It didn't last for long but a few minutes. Then there was a point where I got really hot. Then this is really funny but it felt like someone had their hands smushing my face. I'm thinking, "What is this?" It just totally felt like someone was just [*placed hands on face*]. Very strange!

JONETTE: Do you have a sense of what that would communicate to you?

ANNE: It was like it was a being that was making contact or something.

JONETTE: Beautiful!

COMMENT 3 (Karin): Hi. Two observations—one is that throughout the whole thing, I couldn't help but notice the space has absolutely no borders. I mean just none, and it stayed that way. It wasn't like, oh, let your guard down. It's that when you actually occupy the space, you don't have a border—period. You have the sense of self that's just, you know, Karin feels like Karin and that's it.

JONETTE: Yeah, not everyone—those of you who are listening—it was so many people can relate to there were no borders.

KARIN: Yeah, the second thing that I noticed throughout the space is that it just seems to automatically include my astral body, automatically includes the astral. It was like it was right there in the beginning and it never left, always stayed. I guess the only thing I can say is that maybe it's the case that a space like a sanctuary space really does automatically include a larger part of our selves—period.

JONETTE: It has to because there are no borders. **There is no border between me and astral and higher dimensional.**

KARIN: Yeah, it just—Wow! Then also I seemed to bounce into a lot of other people in the class. I mean not in any hostile way or jarring way but I just, you know, it very much is an inclusive space of other people. That's all.

COMMENT 4 (JoAnne): This is JoAnne. It makes me smile that we're putting words to the boundless and limitless, and the true self so tabernacle is what is showing. It's the dwelling place which is the body. No matter where we are, we're resting in the tabernacle of this form and through the sense of this vast stillness that we communed in (I love that word communing in) and living from that space. You just have this body to express it or feel it or extend it. The other piece I just want to share is about no longer resisting, like there is no resistance. We're being at peace with what is so it's the beautiful dance of the trusting and surrendering—being in that space of surrender, all is well no matter what is being presented to you.

JONETTE: Thank you for bringing in the word there is no resistance. He didn't use that word but that totally encapsulates it.

JOANNE: Yeah, like in Zen it's the dropping away. It's the dropping away.

JONETTE: And all is well, isn't it? It's just so softly joyful.

COMMENT 5 (Judith): About a year and a half ago—I don't know if I asked for it or what but it just showed up as a way of confirmation for me that I'd had a thought that was in a space that was desirable. It first started out as—it was intended to be a smile but it was like the communication lines of what is a smile weren't quite set so it came out more like [*made facial expression*]. So I find myself doing that, you know, I'd be awake during the night and be thinking about things, and I'd [*made same facial expression*] so sometimes, since we've started these classes, the smile has softened itself. It's much softer so that's kind of interesting, and then when we had the lines of the past and events and entanglements coming in, so they kind of got into this space and either they completely dissolved or they became spirals. Sometimes they spiraled up individually and sometimes they joined with other pieces and just would be spiraling upward which was really kind of fascinating to watch. Then the other thing that came to me was this face has no fear. That word wasn't mentioned either but there is no real fear in a sanctuary space so that released too.

JONETTE: I love this space. Wow!

COMMENT 6 (Barbara B.): Hello, this is the other Barbara. I'm new to the group so this is kind of a wonderful opportunity to experience the space and the power. It's interesting over the last week as you talked about bringing down barriers, I had to go through my own transformation; and it's kind of what I wanted to share about feeling your energy and participating in this transformation. Long story short, I had been going through a very serious situation where I was being stalked so much that my company had to protect me and move me from Denver to California—threatened over many years so living in a feeling of unsafe, feeling like I had to be protected. Through unbelievable circumstances two days ago, I came face to face with this person who stalked me; and I had such great fear and such anger inside built up all these years but when I came to the face to face, I felt sorry for the person. I didn't feel the anger, and more than anything, I felt silly for holding such strong emotions and wasting such energy. What I felt tonight, it's interesting because as you talk about bringing that person in or those feelings in, it was this morning when I just said I'm silly for holding onto that energy. That's such a waste of life and evaluation. So as we went through this, I could feel the energy of all of you (thank you so much for your sharing—you can feel the love) and what I felt like, and what I envisioned was like a phoenix rising from the fire. You could feel the rebirth going from being so centrally clogged down to feeling flight and vision and alive. So thank you all for sharing and thank you for allowing me to be here.

JONETTE: Wow! What a powerful example, Barbara. Whoa! It goes back to you are sanctuary. No one could protect you and no one needed to. Wow!

COMMENT 7 (Julie S.) This is Julie. So hard to put into words the lovely space we were all just in but a couple things were striking to me in the softness of that space. When the timelines were introduced—so bring in the past timelines (and I heard that)—I was too busy humming or something, I really didn't do anything about that; and then you said now bring in the future, and I thought, oh, I'm behind. Just kind of like that. Okay, okay, all right, let's do the future—oh, the futures appeared kind of like encapsulated dew drops, and sometimes they could hold the space, and sometimes they just evaporated. That was cool to watch so I got a little bit more attentive then. Not all futures in this sanctuary needed to come forth. Then I thought, okay, let's go get those past timelines, and all I saw at that point then was beautiful, brilliant squares of white laundry that had been hung out. So everybody's past is really clean. It's all sparkly. It's beautiful. It's glowing. Your past is glowing, and that was pretty funny, and I felt like I had nothing to do with it but I had observed. That consciousness thought came in and then all that was going on, I'm sort of like 'hmm' because in the sanctuary it's so—the brain is very—there is a note going on in the brain. There is a tone. There is a hum. There is this thing that just had me, and I was just in that vibration the whole time. It felt good.

The two other things when you talked being cumulus clouds, and then, what's it feel like when two cumulus clouds come together? That was awesome. It wasn't clouds but just the saying about it's that instant thing. Whoever's energy it was but it came right through me and out again and faster than I could experience it except it was like a full body massage. It felt so good. Yeah, I wanted to get it back but then everything was busy. My sanctuary at one point I looked up, and I saw like a quilted wall, and I thought, "What is this?" A padded room? Then it was like it was silk quilt so that's very cool. It was pearly and pearlescent. It was just the universe, soft. That's what it finally became. It wasn't—you know, sometimes I go out, and I look at everything, and it's bright and sparkly, and it has angles, and it has colors, and it has all this definition. In the sanctuary All That Is almost has no definition, and it's just all soft and all mushy. That's the only words I can do right now.

JONETTE/MARK: Beautiful! Mark wants to add about the little comment about observe, you know, I didn't do anything. I was just observing. Remember last week it's all about awareness. Awareness is the new doing so anything—I mean those aren't his words. Those are Jonette paraphrasing Mark. Awareness is the new doing. So whatever you're aware of begins to change into the space you're holding. If you're aware of something in fear, it stays fearful. If you're aware of something in sanctuary, it has to respond in sanctuary because—we used to think, well, I'm not doing anything in my life. I'm just observing. I do my

prayers but what's my mission? Doing channeling sessions, this is the number one question, and more and more the answer is your being is your mission. All of the things you think you need to accomplish are distraction (and, of course, he's talking to me). So, awareness. Last week he talked about in the past we would sit here and project our awareness into the past or project our awareness into North Korea; but now he said we're no longer here projecting our awareness, we are bringing our presence to those places so there's no projection anymore. We're not here. We are there. We are in the past. We're not observing the past because that's a projection. We are present there. We are present in the future. We are present in those realities we were trying to imagine. We're present. And the presence, all of us present, what does that do? Pretty soon it's a reality. Great! Who else?

COMMENT 8 (Julie/Internet): Andieas from Switzerland says the space of the sanctuary feels like a void of neutrality in which identifications and identities dissolve. With past timelines I felt Adam Weishaupt, the founder of the Illuminati, come in very interested in what is happening here—also some members of the cabal families and the Royals coming in and eventually giving up their IDs too. The past and future timelines created a huge chaos like a huge central station and new switches are building. Also personal relationships are remodeling and cleansing in this kind of void. Very beautiful!

JONETTE: That's a great job, and just think that English is probably his third language after German and French and Italian.

COMMENT 9 (Julie/Internet): Asar from Switzerland says when I completely felt the energy in my body, I felt all of you. Then I connected to the mountains that surround us right now, namely Eiger, Mönch and Jungfrau. Then I connected to my adoptees—all the soldiers of the world—that felt not so fluid, so I connected to the crystal grid of the Earth and then it was flowing more easily. Wonderful! Thank you all.

COMMENT 10 (Julie/Internet): Andieas would like to say Mirella is with me. We are in Riga Latvia.

JONETTE: It's important as we become this—we're not so much becoming this as unbecoming what we have perfected, we think. I'm going to say to ask to be of service to kind of ask questions. On Thursday when I was driving up to the mountains, they always touch me, and I thought that they called. I go, "Ah, the Apus of the mountains need help and so that night I said, "Okay, Apus Mountain Spirits all over the world, I'd like to sleep a little bit but however I can help, let me help." Whenever I woke up the mountains were there, and they were not just rearranging the gridlines around the Earth and the lei lines around the Earth but through the Earth there were these lines that I had never seen before. They're all gold now and they needed, I guess, some human interaction so kind of be open to how we are relations to everything and find out—you know, Mother Nature or the Sidhe beings, or the Galactic beings or the Sirians—how can we serve now because they are waiting for us to volunteer from these spaces not from places of fear. We can do so much just like we have like he's talking about. What if the cabals are going, "Ah, they've got it." What else? Can you still feel it? Isn't it lovely? Wow! Well, it must be break time because there are no more words needed right now. Let's take a break staying in this space. Could you hear and see how everyone was different? Their faces, everything. So, beautiful! Enjoy your break.

OPENING

JONETTE: During the break I was trying to describe to Colleen about what this 10th dimension stuff is. Whatever I said was really good so I hope I can repeat it because it wasn't me. I want to take a try at it. Mark first tried to describe the 10th dimension to me. He says, okay, you've got say you and another person, you are objects, you are subjects; and you think that this is the important part, and if you can dissect this and analyze this, you know everything. But, he said, **what's really important is the space between is the relationship that's created between these two.** He said, because then, these are really just place holders. You can take this out and this out, and that remains. Now, I just thought of this, so when you take this out and this out, what do they do? They go create other relationships because they

don't have to be defined in relationship to that which they were defined. They get to create something and then keep creating, creating, creating and never define. I think today's meditation—that sanctuary space where there are no defenses—there is just that soft growing, and for me the word curiosity kept coming. It's like my sanctuary space wanted to cozy up with yours and see what you were like and relate to you, and then relate to you. It didn't want to just stay in some fortress. It wanted to explore. I think he's trying to find ways to get us out of identity, object because maybe the greatest creation is not us creating but us creating and then leaving, and then creating and creating so that there is totally spontaneous movement. I don't know where that's going. In relationship, more happens. I mean when Jesus said two or more of you are gathered, it's—and I'm not a parent but I imagine as soon as you have a child, love is born in you that you never had, and that love continues to grow. **Relationship creates new opportunities and if it's relationship that's from sanctuary space, all those opportunities are good.** They're all giving and commingling and cocreative. If we do it from defensive space, it doesn't create what we want. Barbara, did you want to comment?

COMMENT 1 (Barbara P.): Just that one of the other things that he's been talking about, about the 10th dimension, is that the oneness that there is not really this and this—that each of those—it's all one and that's the illusion that there's something different on either side.

JONETTE: In the Keystone Dialogues, he talks about illusion but I can't remember what he said so we'll have to read the book. Let's see. I have no idea what we're doing now because I was busy talking rather than tuning in but it doesn't seem to matter. Feel—see how easily without Mark, without me narrating that space is. You are that.

Now going from “you are that” which we imagine is the sanctuary space and add and that, and that, and that, and that. Play with that for a few moments. In your own head say I am that and then add the “and thats”.

JONETTE/MARK – YOU ARE THAT AND THAT...

All right, continue with that and maybe for some of us when it was said, “I am that” and then we added the and that, and that, and that, we still kept track of which one was the first “I am that.” Now do it kind of like a shell game. We don't know what cup the shell is under or however that is, so now do that with lots of “and thats” until there's all this mixing up so you can't keep track of who was the first “and that” and then be all those thats.

There is no primacy in any of the “and thats” and notice that they multiply now that there is infinite “and thats”. I am that, I am that, I am that, I am that—infinite, no hierarchy, no primacy. We want you to do this until it blows the circuits of your existing in one time and space. So keep doing it until it freaks out your brain.

This is kind of tricky but we want a shift so that there is no more “I am” outside of that, that, that, that, that. There is no central “I Am”. You're distributed.

Then with all these I am thats everywhere or billions of them or however many you can imagine, notice the relationship between all the I am thats—the lines of connection, the space between, whatever you call it. Focus so much on the relationship between all these “I Ams” that you can remove the “I am that” and the relationship is still busy. There is still connection.

So you're moving the I am that, paying attention to all the relationships. I want you to see what you're left with. It's kind of a quiz. When you take away I am that, that, that, that, that, and you're just the relationships and take away the thats, what's left? Anybody can just say it. I have another take on it. Mark S. got it. So it's I am that, I am that, I am that, I am that, and I am that. But those thats are things, aren't

they? They're objects. So we take away the thats, and we see all the relationships. What is left is I Am but it's no longer an "I" an object. It's finally a relativity I Am. You begin to sense that. We have such a hard time with I Am because we're so committed to "I". Mark S. just said it's hard to take out the subject and object. I think that's how Mark's going to keep tricking us to take out the subject and object in this series.

Could you feel kind of the frenzy, the difficulty in being all those "I Am that's?" It's really hard because I am this, that is that. He's going to try to cajole us out of our cage of who we think we are and give us all kinds of perspectives; and then he'll take away the perspective because that requires a subject and an object. **Un-objectified consciousness is one of his goals for us to experience which is pure consciousness, which is pure God.**

He said now we are generally the subject—in all of our journeys, of course, we're the subject. We're the one who projects. We're the one who has the experience. Our concept of reality is always filtered through us as a subject so it's already tainted. It's already limited. If we can let go of filtering all of reality through the idea of a subject, what would reality be then? It doesn't have to fit through this. **He's trying to break all kinds of bounds to reality so that impossible realities can be spontaneously created.** In my classes when I do workshops, and maybe we'll ask this question for the Mark Weekend, August 12th and 13th—who's planning to be there? Good! Sure hope you guys can come because you hold such an important place.

We often ask people to tell quantum stories—stories where something absolutely impossible happened that has no reality that we can understand. One that has been told by John Marquard who has been in the Mark Group for decades, and now he just listens from home—but he said one day he was driving out to his house by Elizabeth way in eastern Colorado, and snowy and dark, and his car comes up over a hill, and it's snowy and icy, and right there is a snowplow coming toward him, and he said his car and the snowplow went through each other. Now that's not possible. You can't create that. Other people have had similar experiences. We want to open our self to something that makes no sense. The first thing we have to do—well, I think is a quiz—if we want to open ourselves to that which makes no sense, what is one of the things we need to get rid of? The hint is it's one of those words I just said. Say it! Sense but not just sense as in logic but sense as in sensation or sensing. **Right now as we take in consciousness through our senses, it makes no sense and limits most of the most incredible realities because they're beyond sensing.** This is why Mark spends so much time just out there. Right? Many of you think, well, I didn't feel anything.

I just got an article written by a German editor of a magazine. She came to a Mark Weekend, and she wrote about her experiences in her magazine. She said, "I didn't sense anything like other people said." She said, "I just knew."

Mark keeps trying to pull the carpet out from under us of our sensing, and most of the time we think we're failing. I didn't sense anything. I didn't see anything. I didn't see cumulus clouds but ultimately it's that space with no sense logically and no sensibility, no way to receive it through our senses. Of course, that's going to make our self go crazy. I'm not getting this. Right? But we're so limited by what makes sense, and he's just trying to change to nonsensical realities because this one makes sense but we don't like it. So we want it better.

All right, let's see. Mark was channeling all of that. He just didn't need me to close my eyes and bring him in.

MARK – YOU ARE THAT AND THAT...

Welcome, this is Mark.

That was a fun exercise. Going back to I Am that and that and that and that and that and that—as many thats as you can find. We want you to do it again now. Hold the space until you are all of them that there's no central commander I Am That and the others are subordinate. Where every single I Am That could be the prime one or there is no prime one so that your identity is distributed not projected from one place but absolutely distributed.

We're going to sit with this because this needs to change some of the pathways and synapses in our brain because our brain is extremely hierarchical—has become that way. It was more plastic when we were young. So keep doing I am that, I am that, I am that until you really feel that your consciousness is distributed and aware.

Notice the things that just don't work when you're distributed in the I Am That—that judgment doesn't seem to be able to form itself, comparison doesn't seem to be able to work. In fact, **so many ways of relating are meaningless when you are all of the I Am Thats**. The things we base our human relationships on are meaningless when you move to this space. There's no sense of importance.

What's most important than distribute (we'll call it distributed consciousness)—it's like distributed processing in computer systems—is that there is no hierarchy possible.

When you are all of the I Am Thats and you forgot who the first I Am is, where is source—that thing you call Source—where is that? This is a question. You can speak it out and Jonette will repeat it. Yes, the answer is it's everywhere. The idea of singular source, singular creator is only a perspective from singular consciousness. **When you can move into multidimensional or distributed consciousness, you see that everything is equally creator. Everything is equally important. Everything is related.**

Now there's a space you're moving into. We won't name it because then you put an identity into it but feel the relationships and all the I Am Thats until the relationships, the connections are vibrating. They're more alive than the I Ams.

When that happens, when the relationships are vibrating, feel the life force, feel the energy, feel the resources, the potential. It's so much greater than when all the I Am Thats are static. It's the relationships that give this force field, this source field, this life force energy.

When you feel this even without a name, even without just a sense of knowing perhaps, can you see that who would go back to the that, that, that and that because it's too static that this relationship world is much more fun? It's much more spontaneously created.

Lose yourself in this, Galactarians. We'll hold a space for a few minutes for you just to be, do, understand, or not.

Can you feel that this opens possibilities? It creates realities where cars can pass through snowplows because there is no definition needed. **The more we spend and teach our consciousness to be in these spaces, the more improbable realities that make no sense are open to discovery—we should say open to creation**. Imagine your life somehow in the space of all these relationships, this bubbling life force of creation, no expectations, just kind of lift your life into the space that you're exploring right now. Superimpose it here without defining anything, not deciding anything; just say I am sticking my life here.

Without any wants or needs, your intention was to stick your life into this sort of space of creation, of life force, of relationships, of non-identity; and then just be awake in the next few months to notice how creative and spontaneous and miraculous your life becomes. Although our teaching is often in the higher dimensions, the palette is still your life. Jonette translated that wrong. The canvas is your life.

Notice things like predetermination go out the window. The need for predetermination becomes meaningless, nonsense.

What if, with no boundaries, your life can burst forth in many dimensions, in unexpectedly spectacular ways? Would you take that life or would you keep the one that's certain? You're asked that question more often than you know; and more often than you know, you take the certainty.

Our dream for this evening has been achieved with this sanctuary space and your visiting this distributed consciousness space and how active and creative and powerful and alive it is. Now we will take some questions and feel free to stay in this space and ask the questions. We will work with you over the next two weeks with this sanctuary space and the space—we'll just call it I Am That, and you know it's that and that and that and that. So, if there are questions?

JONETTE: He's showing me a picture. Remember those old Mario games. It's like Mario's on one little cliff or wherever he is and all of the sudden he jumps this gap and this other reality comes up, and it's like Mark is saying that they're trying to pull out that old reality that we as Mario was on, and we're kind of jumping over this gap and this new reality is showing up. So he doesn't want to talk so much about it but I think he and your guides and your higher self will be busy in the next few weeks trying to unhinge us from that old Mario space over this gap to this new one. But you can feel the qualities of it—unpredictable, much life force, only goodness. There is no judgment. There is no harm. There is no hierarchy, that softness. So just notice these qualities. You know, defensiveness, what is its main emotion? Fear. And its other main emotion? Anger. Yeah, and resistance. Notice if those emotions begin to soften. Give yourself a habit in the next couple of weeks of going here and playing. Go, oh, where am I now? That was just an ugly conversation. Where am I? Can I change that? He's saying you will find yourselves less dependent on the things you held tight to. Notice in that sanctuary there was nothing to hold tight to. He's really trying to pull out the—well, I was going to say anchors, and he's telling me blocks. Don't call them anchors—blocks that are in our life that are just the solid pieces so that we can move around more and dance more, be life force, and be more at effective universal causes—that spontaneous beautiful life force causes.

QUESTION 1 (Julie/Internet): Asar from Switzerland asks is there technology or tools that we can create that can sustain and stabilize this space?

JONETTE/MARK: The word is absolutely not because that's a thing; and so that would be anti this space. So you're on your own. Again, that's kind of what Mark said. We would choose structure rather than impossibility.

QUESTION 2 (Jarla): This is Jarla. What is Mark's job in Iceland?

JONETTE: Wait, this is Jonette. I hope that I'm not doing so much work in Iceland. It's a vacation. That's a good question. I'm sure he has an agenda.

JONETTE/MARK: There's been a repression of the nature spirits who have made Iceland home—a repression by the world of sense and the world of logic. Jonette and Mark S. are to find magical places in nature and ask to connect to the magicians. They will actually be guided to places where the veils are thin between the human worlds—and not the higher spirit galactic worlds but the Earth spirit worlds. There is also a major fracture evidenced by the volcanoes—a major fracture moving through—I see it from the northwest to the southeast moving through the island; and we're supposed to look at that and see if we can make it more gentle. That would be good in case that creates volcanic eruptions, wouldn't it? And I get to have a vacation.

JARLA: It seems like we'll bring soft energy, soft space with you.

JONETTE: You know, this soft space that we are, this sanctuary space, remember don't project it places. Don't send—you know, I was thinking, ah, I'll send it to Washington. Do you see? No. It's be it, move yourself, your presence to Washington, DC. Move your presence to where there are calamities and where there is famine and where there is war. Don't just project. You see, prayers were like projections, and we were missing the power of them because we were simply projecting from a singular space. But if we now see ourselves as I Am That, well, then I'm that and that and there and there and there and there, it's much more powerful because we're anchored in those places. We're not just playing from our lovely suburban home where our consciousness is present. Right now, it seems like an odd idea but I think with practice we'll figure out what that feels like for us. Other comments.

QUESTION 3 (Barbara P.): This is Barbara. When Mark is talking about this space, it sounds like we're sort of letting go of judgment, and a key—he hadn't used the word but expectations. Another one that I perceived that he hasn't said but it feels right is point of view. Just letting go of those things locks us into a way of seeing, perceiving, being in our lives.

JONETTE: I think in the first class of this series, he talked a lot about that perspective point of view that it narrows us. It sounds something like we release it. I think what happens is there is no judgment because there is no we. There is no I, you know, I am all those things so there's no part of me that can judge because I'm already everywhere. Very good!

QUESTION 4 (Julie A.) This is Julie and I have a practical question for you. Can you tell us about Relativity, Part 2?

JONETTE: Let's see. So a practical question for Julie. Does Relativity, Part 2 start before our weekend?

JULIE A.: It starts August 22nd.

JONETTE: Perfect. He doesn't want to say because he wants to see what happens in that weekend. So stay tune later and ask him that question. It'll be right after the eclipse. I'm coming back. We're going to go to the eclipse, then Devils Tower, camp somewhere halfway between there and here so that I can come back because it's 7:00 on Tuesday the 22nd. We will have a special Mark Class so invite your friends. We'll have it upstairs where we have all the room of the church. I think it'll be really important. It'll be the same price so that will be the thing to invite some friends to—7:00 pm, the 22nd, upstairs; and I will have been camping so depending how fast Mark drives me home, I may be wearing camping clothes.

WELEEN: Is Mark open for questions?

JONETTE: Yes.

QUESTION 5 (Eileen): This is Weleen and I have a question. I got pretty bored with I Am that, that, that, that really fast so I just went holographic and by All That Is, I'm Allness. Is that kind of the same thing? It felt the same thing.

MARK: It's absolutely the same thing. We simply wanted to bring you into it in a way that the "thats" could be moved and you would still have the relationships. Sometimes in Allness, you just feel the beautifulness and you miss the complexity of the relationships. So it is the same thing; and as you know, we do all kinds of things to get you to the same place. We try everything, and sometimes some of it works for some of you, and some it doesn't, and we keep trying. So, yes, ultimately every place we're getting you to is the same place. **Being holographic is going to be one of your greatest skills because being holographic keeps you from feeling you can be hurt because individuals can be hurt.** Individuals can be vaporized. They can die but when you are holographic, you understand that there is no death. There is just a rearranging of molecules in the hologram. **When you become holographic and you live from that place, not just go once in a while on a Monday night, that will lift you to Avatar status, and you will be able to be of even more tremendous service on this Earth evolutionary cycle now.** When you can

truly lose yourself, you do have All That Is, and then nothing matters. All of the things you are so earnest to learn, all of the stories you want to get straight, all of the technologies you want to understand—when you are holographic at that level, it doesn't mean you have to leave Earth and be dead but you can live with a smile and know that it is all as it should be. That is peace.

WELEEN: Can I have a follow-up?

MARK: Yes, then we'll have a follow-up answer.

QUESTION 6 (Eileen): This is Weleen. You've just described my life pretty much. I do live holographic. I've been holographic for quite some time. However, lately, do you have any advice on how to stay here sometimes? The other day, literally (I ain't told no one this, you're the first to know) I almost got out of my car when it was still in DRIVE, and all of sudden I went, "Mark, (I think it was you—it had to be you) I'm like, "Holy shit", and I got in, and I put it in PARK, and I went, okay, now you can get out. Little things like that just happen when you're holographic all the time. I just tell myself focus—you need to focus on being here sometimes.

MARK: Yes, let's see if we have a way to describe that for you. When you're holographic and you're here, you're here in a different way. So in that experience that you had with getting out of your car while it was still in DRIVE, it felt like you weren't here but it was part of the hologram of you that said, "Oh, shit, I need to put it in PARK." So you get more impulses from broader places. If you weren't holographic, you could still be ungrounded like that and forget how the car is operating now but you wouldn't have access to the voice that said I need to fix this. Holographic consciousness gives you access to awareness that's much bigger than you can pick up by just being grounded here. It's a tricky time when you're becoming holographic and you're learning how to operate here and being holographic, but you will learn it, and you will follow those impulses so you're actually safer and you operate as if you're more grounded because you are grounded in more places. So in the beginning it may feel like you're ungrounded here because you're everywhere but as you get everywhere, you're actually more grounded here, more capable here. Grounded might be the wrong word—grounding into the hologram, yes. Thank you. That was a very good description and it enabled us to be more clear.

Your homework is to be in these spaces and to get used to them; and also, to pay attention to when you're projecting emotions, you're projecting thoughts, you're having your experience and your conversation out here somewhere, and where you're absorbing other people's projections, and be present. Bring your senses, your experiences to your presence. Don't project—well, it feels like you're projecting your presence but really you're bringing things into presence. What you will notice **as you do this homework is you are less at effect of other people's projections, and you own your own projections in such a way that you get more powerful.** These are important times, and you are awakening quickly. We thank you.

CLOSING

JONETTE: The date of our next class is July 31st. I don't know if you read the first part of my newsletter but this whole period of shifts—one of the most important days as these shifts really ramp up is July 26th which is when Sirius rises over the horizon. In the Mayan calendar, July 25th is a *Day Out of Time*. So just be aware on July 25th and 26th and whenever the next New Moon is—I don't know when it is but that's also—oh, he's telling me it's a time of crystallization of possibilities. So someone, maybe Jim, will email when the next New Moon is. The 7th is a partial lunar eclipse so that would be the New Moon. Today is 7/17/17 or if you're in Europe 17/7/17. Anyway, love you all. We'll see you in two weeks. Thank you for being here in so magnificent presence. Thank you all.